



TOTAL HEALTHCARE
HEALTHCARE SERVICES

Supported Living Services



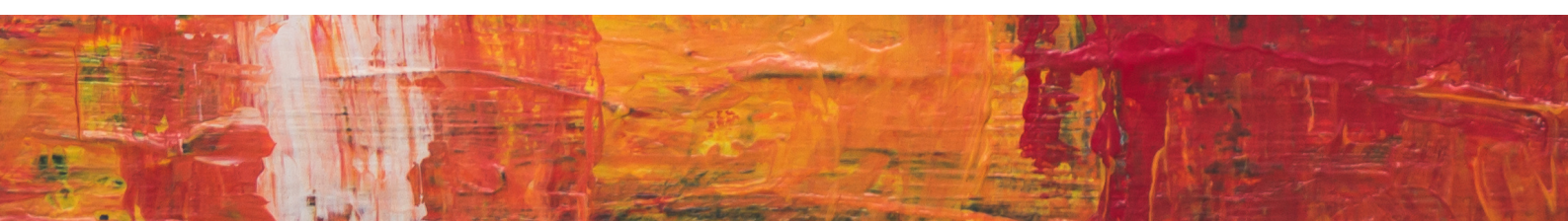
Our Story

Does your loved one want to be more self-sufficient? If you responded "yes" to either question, our supported living services may be precisely what you're looking for. We assist people with learning disabilities, autism, physical disabilities, and mental health issues live more satisfying, independent lives by providing outstanding support.

One of the valued services that we provide here at Total Healthcare is supported living. Individuals who require a variety of support are able to maintain their independence and receive additional physical and psychosocial support through supported living.

This support is required in order for individuals to lead more fulfilled lives within their own designated living quarters. If you do not want to live in a facility that provides residential care but you would have trouble managing day-to-day responsibilities, this service is the ideal solution for you.

If you decide to sign into our supported living services, you will be given your own living space, each of which will have its own lease agreement. You will be given the option to live by yourself or to share your living space with other people. Either way, the decision is entirely up to you.





THE PEOPLE WE SUPPORT

Total Healthcare Supported Living supports individuals aged 18 to 65 of both genders with the following conditions:

Learning disabilities

We provide support to those whose learning difficulties range from mild to moderate to severe. Because we are aware that every individual has their own set of requirements, our support plans will be individualised to meet the requirements of each person. Our individualised support places a focus on self-determination, active involvement, and an enhanced quality of life.





Autism

We provide support to people who have been diagnosed with autism spectrum disorder (ASD). An initial "autism profile" is compiled by our team so that we can cater our assistance to the specific requirements of each individual with autism. Additionally, this evaluation assists us in clarifying the complexities of an individual's condition, which might vary quite a bit from person to person.

Mental Health Needs

Individuals with moderate or mild mental health problems can receive complete mental health support from Total Healthcare.

We concentrate on boosting self-esteem and emotional well-being. We have an incredible staff of qualified support workers that have expertise with people with a wide range of mental health difficulties such as schizophrenia, personality disorders, and many others.

Physical Disability

Individuals with impairments ranging from moderate to severe and multiple disabilities can receive support from us. The necessary amount of support, which may include aid with mobility, personal care, and communication, will be provided by our Support workers. This assistance may also involve assistance with other activities..



Our Support Includes

INDEPENDENT LIVING

At Total Healthcare, we respect your right to choose who you live with and where you live. We can assist you get the right living arrangements in place. You may choose to live independently in your home or in shared supported accommodation.

SOCIAL AND COMMUNITY SUPPORT

You can get more out of life with Total Healthcare. Get involved in activities of your choice such as swimming, bowling, football, horse riding and daily living skills to independent living in cooking, laundry, washing dishes, cleaning, shopping, budget.



BEHAVIOURAL SUPPORT


Our qualified team takes the time to understand the triggers that affect behaviour and we will support you to develop Positive Behavioural Support Plans (PBSP).

DAILY LIFE

We aim to support you to live your preferred life style. Our support services will help you to live to live well at home, include support with everyday routines.

EDUCATION, LEARNING AND SKILLS DEVELOPMENT

We aim to support to create personal learning plan that reflects your interest, builds on your existing skills and help you in achieving your goals.



To find out more on what
we offer:

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